



GRAB & GO

Overnight Oats

£8

Flavours may vary, Biscoff, Tiramisu, Twix, Chocolate or Strawberry Matcha.

Protein Yogurt Bowls

£8

Flavours may vary please ask at the counter, all served with a granola topping.

Porridge Bowls

£6

Our in house vanilla based porridge, choose from Biscoff, caramelised bananas or caramelised apple & cinnamon.

Additional toppings

Add any of our seasonal fruit for 50p (per portion)

Drizzle 50p Spread £1



BRUNCH

All served on sourdough, dark rye sourdough or English muffins.

The Fulfilled

Smashed Avocado, Poached Eggs with cherry Tomatoes **£11**

Eggs Benedict

Two poached eggs, ham, creamy hollandaise sauce, chilli flakes **£10.50**

Eggs Florentine

Two Poached eggs, wilted spinach, in house hollandaise sauce & fresh chives **£10.50**

Eggs Royale

Two poached eggs, smoked salmon, hollandaise sauce, chives & chilli flakes **£11.50**

Fullfilled's Creamy Mushrooms

Sautéed mushrooms in a creamy garlic sauce **£9.50**



TOASTIES £11

**All served with a side salad,
Coleslaw & tortilla chips**

**Served on White Sourdough, Dark Rye Sourdough or
Panini. Gluten free bread available upon request.**

Halloumi, sweet chilli & spinach

Brie & caramelised onions

Toscana grilled chicken, pesto, peppers &
mozzarella
(contains nuts)

Spicy tuna, caramelised onions, gherkins,
jalapeños, mozzarella or cheddar

Layered Ham & Cheese(cheddar or
mozzarella)

Mozzarella, pesto & tomatoes
(contains nuts)





Açaí Bowls

Build your own açaí bowl

£8 regular £9 large

Swap your açaí for Greek yogurt base.

Gluten free granola available upon request.



Add 3 Fruits

Strawberries
Raspberries
Blueberries
Kiwi
Banana
Mango
Pineapple

Add A Drizzle

Milk Chocolate
Biscoff
White Chocolate
Raspberry
Caramel
Pistachio
Salted Caramel
Strawberry

ADD A SPREAD

(£1 each)

Nutella
Biscoff (suitable for
Vegans)
Chocolate
Peanut Butter
Greek Yogurt
Pistachio Cream



Super foods

Gogi berries
Chia seeds
Coconut flakes
Flaxseeds
Pumpkin seeds

Add a crumb

50p

Biscoff
Digestive
Dried freeze-dried raspberries
Dried freeze-dried strawberries

Please note: Our Granola contains NUTS

Waffles



Dubai Chocolate Waffle

Two waffles topped with fresh Strawberries, Crunchy Kataifi Cream, Pistachio & Chocolate Drizzle
£13

Fulfilled Fruit Medley Waffle

Two waffles served with bananas, strawberries, blueberries & chocolate drizzle
£11

Add ons £1

Chocolate
Nutella
Biscoff
Pistachio Cream
Peanut Butter
Greek Yogurt
Vanilla ice cream
Biscoff Crumb



A vibrant green matcha drink with ice cubes and a clear plastic cup with a lid. A logo featuring a stylized leaf and a circular arrow is positioned over the drink. The word "Matcha" is written in a large, dark green, sans-serif font across the middle of the image.

Matcha

Classic Matcha
Vanilla
Strawberry
Blueberry
Mango
Passion fruit
Raspberry
Caramel
Chocolate
Peach
White Chocolate
Hazelnut
Pistachio
Biscoff
Date

**Fulfilled
Favourites:**

White Chocolate

White Chocolate &
Pistachio

White Choc &
Raspberry

Banana Bread

Regular £4.50
Large £5.00
Can £5.75



Smoothies

£6

FULFILLED ENERGY FIXER:

Spinach , pineapple, lime & coconut water.

FULFILLED BERRY FUSION:

Strawberries, blueberries
greek yogurt & honey.

OATS & BERRY CRUNCH:

Oats, mixed berries & and your
choice of milk.

FULFILLED MANGO:

Mango, banana, orange juice & greek yogurt.



Add ons £1:
Protein
Collagen
Creatine



Hot Drinks

Latte £4.20

Americano 4.50

Cappuccino 4.10

Flat White £4.10

Espresso £3.20

Mocha £4.20

Hot Chocolate £4.40

(cream &
marshmallows £1)

Tea £3.30

Pot of tea £4.30

Herbal teas £3.30:

(peppermint,
ginger, green tea &
chamomile)



Cold Drinks

Still Spring Water £2.75

Sparkling Water

Coca Cola £2.95

Diet Coke £2.95

J20 Apple & Raspberry

J20 Orange & Passion Fruit

Fentimans Sparkling Drinks

£3.60

(please ask staff for
flavours)



KIDS OPTIONS

Mini Porridge Bowl **£4**

Mini Açaí or Greek yogurt Bowl **£5**

Mini Fruit Bowl **£3.50**
(choose 3 fruits)
and a drizzle

Meal Deal

Mini Toastie, cucumber sticks & a choice of blackcurrant
or orange squash **£7**

Mini Hot Chocolate
£3

Baby-chino **£2**

Fruit Shoot
£1.75